

February 2024 Menu

		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Week 1 January 29 - February 2	<u>Breakfast</u>	WG waffles, Applesauce and Milk	Scrambled Eggs, WG bread, mandarin oranges and Milk	French Toast, Fruit Cocktail and Milk	Cereal, Bananas and Milk	Biscuits, Turkey Sausage, Mandarin Oranges and Milk
	<u>Lunch</u>	Chicken Nuggets, Brown Rice, Pinto Beans, Carrots, Fruit Cocktail and Milk	Mac n Cheese with WG Pasta, Baked Chicken, Peas, Peaches and Milk	Turkey, Mozzarella cheese, Brown rice Casserole, Green Beans, Pears and Milk	Ground Turkey Marinara Sauce with WG Pasta, Mixed Veggies, Mixed Fruit and Milk	Cheese Pizza, Corn, Pineapple and Milk
	<u>PM Snack</u>	Saltine Crackers, Sliced Cheese, Fruit Cups and Water	Cheez-it Crackers, Raisins and 100% Apple Juice	Yogurt, Chex Cereal, Strawberries and Water/ SA: Graham Crackers, cheese sticks	Goldfish, Apple Slices and 100% Apple Juice	W.G. Turkey and Cheese Sandwiches, Seasonal Fruit and Water
Week 2 February 5 - February 9	<u>Breakfast</u>	WG waffles, Applesauce and Milk	Scrambled Eggs, WG bread, mandarin oranges and Milk	French Toast, Fruit Cocktail and Milk	Cereal, Bananas and Milk	Biscuits, Turkey Sausage, Oranges and Milk
	<u>Lunch</u>	Chicken Nuggets, Mashed Potatoes, Corn, Pears and Milk	Brown Rice, Cheese with WG Tortilla, Pinto Beans, Carrots, Applesauce and Milk	WG Bread Grilled Cheese Sandwich, Peas, Peaches, and Milk	Turkey Alfredo with WG Pasta, Mixed Veggies, Mixed Fruit and Milk	Cheese Pizza, Green Beans, Pineapple and Milk
	<u>PM Snack</u>	Saltine Crackers, Sliced Cheese, Fruit Cups and Water	Cheez-it Crackers, Raisins and 100% Apple Juice	Yogurt, Chex Cereal, Strawberries and Water/ SA: Graham Crackers, cheese sticks	Goldfish, Apple Slices and 100% Apple Juice	W.G. Turkey and Cheese Sandwiches, Seasonal Fruit and Water
Week 3 February 12 - February 16	<u>Breakfast</u>	WG waffles, Applesauce and Milk	Scrambled Eggs, WG bread, mandarin oranges and Milk	French Toast, Fruit Cocktail and Milk	Cereal, Bananas and Milk	Biscuits, Turkey Sausage, Oranges and Milk
	<u>Lunch</u>	Turkey Meatballs, Mashed Potatoes, Corn, Pears and Milk	Turkey, Mozzarella cheese, Brown rice Casserole, Green Beans, Peaches and Milk	WG Bread Grilled Cheese Sandwich, Carrots, Applesauce, and Milk	Chicken Nuggets, Tator Tots, Peas, Pineapple and Milk	Turkey Alfredo with WG Pasta, Mixed Veggies, Mixed Fruit and Milk
	<u>PM Snack</u>	Saltine Crackers, Sliced Cheese, Fruit Cups and Water	Cheez-it Crackers, Raisins and 100% Apple Juice	Yogurt, Chex Cereal, Strawberries and Water/ SA: Graham Crackers, Cheese Sticks	Goldfish, Apple Slices and 100% Apple Juice	W.G. Turkey and Cheese Sandwiches, Seasonal Fruit and Water
Week 4 February 19 - February 23	<u>Breakfast</u>	Closed	Scrambled Eggs, WG bread, mandarin oranges and Milk	French Toast, Fruit Cocktail and Milk	Cereal, Bananas and Milk	Biscuits, Turkey Sausage, Oranges and Milk
	<u>Lunch</u>	for	Cheddar Cheese with WG Tortilla, Pinto Beans, Corn, Applesauce and Milk	Ground Turkey Marinara Sauce with WG Pasta, Mixed Veggies, Mixed Fruit and Milk	WG Bread Grilled Cheese Sandwich, Carrots, Applesauce, and Milk	Cheese Pizza, Corn, Mixed Fruit and Milk
	<u>PM Snack</u>	President's Day	Cheez-it Crackers, Raisins and 100% Apple Juice	Yogurt, Chex Cereal, Strawberries and Water/ SA: Graham Crackers, cheese sticks	Goldfish, Apple Slices and 100% Apple Juice	W.G. Turkey and Cheese Sandwiches, Seasonal Fruit and Water

*WG = Whole Grain

*SA= school agers

**Unflavored Whole Milk will be served to students 1 years old and 1% Unflavored Milk will be served to students 2 years and older

Vegetarian Lunch Menu

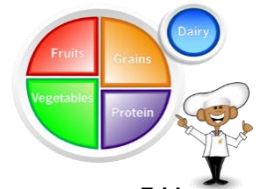
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Lunch</u>	Grilled Cheese Sandwich	Regular Menu Option	Pasta (With or Without Sauce)	Brown Rice and refried beans	Pasta with Red Sauce

* Sides and drinks from the regular menu will be served each day.

* Tuesday Menu items from the regular menu can all be vegetarian.



February 2024 Menu



		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Week 1 February 26 - March 1	<u>Breakfast</u>	WG waffles, Applesauce and Milk	Scrambled Eggs, WG bread, mandarin oranges and Milk	French Toast, Fruit Cocktail and Milk	Cereal, Bananas and Milk	Biscuits, Turkey Sausage, Mandarin Oranges and Milk
	<u>Lunch</u>	Chicken Nuggets, Brown Rice, Pinto Beans, Carrots, Fruit Cocktail and Milk	Mac n Cheese with WG Pasta, Baked Chicken, Peas, Peaches and Milk	Turkey, Mozzarella cheese, Brown rice Casserole, Green Beans, Pears and Milk	Ground Turkey Marinara Sauce with WG Pasta, Mixed Veggies, Mixed Fruit and Milk	Cheese Pizza, Corn, Pineapple and Milk
	<u>PM Snack</u>	Saltine Crackers, Sliced Cheese, Fruit Cups and Water	Cheez-it Crackers, Raisins and 100% Apple Juice	Yogurt, Chex Cereal, Strawberries and Water/ SA: Graham Crackers, cheese sticks	Goldfish, Apple Slices and 100% Apple Juice	W.G. Turkey and Cheese Sandwiches, Seasonal Fruit and Water

--	--	--	--	--	--